

## **SUN - SMART POLICY 2013**

### **Rationale:**

The protection of the KSS community as far as reasonably practicable from the dangers associated with exposure to the sun's ultraviolet radiation is important for good health and well-being.

**Related Policies and Procedures:** *Sun Protection Policy (2006)*, ACT Department of Education and Training *Primary School Sun Protection Checklist*, the Cancer Council ACT

### **1. POLICY STATEMENTS**

1.1 The Department has a duty of care to ensure that sun protection is provided for the KSS Community, students and workers while they are on school premises during school hours or undertaking school activities.

1.2 Kingsford Smith School accepts this departmental duty of care.

1.3 There is a shared responsibility between schools and parents/carers that the latter must acknowledge and accept.

1.4 This policy is implemented daily at Kingsford Smith throughout the year.

1.5 Sun protection education is reflected in the Curriculum at Kingsford Smith School in at least 3 primary school levels (ie Kidskin resources) and throughout the secondary school years (i.e. Real Stories).

1.6 Workers are aware of their OH&S responsibilities when it comes to sun protection in the workplace and will adopt a combination of the 5 sun protection measures at all times.

1.7 The school will ensure there is appropriate shade at the school and/or will be committed towards developing shade and planting trees for future years.

### **2. SUN PROTECTION GUIDELINES AT KINGSFORD SMITH SCHOOL**

2.1 When students are outside, they must wear recommended hats, (e.g. broad-brimmed, legionnaire or buckets hats with a brim of at least 6 centimetres) that cover the face, ears and neck. **Hats are to be worn outside daily.**

2.2 As well as hats the school recommends loose fitting, close weave clothing that covers as much skin as possible during outside activities. Sun protective clothing is outlined in the school's uniform code.

2.3 Where practical, close fitting, wrap around sunglasses that cover as much of the eye as possible are recommended. Sunglasses should meet AS1067.

2.4 All students are encouraged to use the school's designated shade areas.

2.5 Students not wearing appropriate hats (or clothing) will be directed by teaching staff to remain in shaded or undercover areas.

2.6 The school will supply and support the regular use of a broad spectrum water resistant SPF 30+ sunscreen on exposed skin that cannot be protected by clothing.

Parents will be encouraged to purchase sunscreen for their child(ren).

2.7 Where practicable students will be given opportunities and reminded to apply sunscreen prior to the lunch break and before participating in outdoor activities.

2.8 Students will be encouraged to apply sunscreen themselves.

2.9 Educators assist in the application of sunscreen in Preschool. Teachers may not be able to assist in the application of sunscreen in the primary and highschool years.

2.10 If a student is allergic to sunscreen, parents/carers must notify the school about this on the medical form completed at the beginning of each school year.

2.11 During Terms 1 and 4 (Daylight saving period) outdoor physical activities will be timetabled, where possible, earlier in the day (before 11am) Note that sun protection will still be necessary.

2.12 A combination of the five (5) sun protection measures will be considered when planning ALL outdoor excursions, activities and events:

<ul style="list-style-type: none"><li>• Shade</li><li>• Sun Protective Clothing</li><li>• Hats</li></ul>	<ul style="list-style-type: none"><li>• Sunglasses</li><li>• Sunscreen</li></ul>
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2.13 Teachers will be encouraged to access and familiarise themselves with the daily **SunSmart UV Alert** to assist them with the implementation of this policy.

2.14 Workers will be *required* to act as positive SunSmart role models when outdoors.

2.15 Visitors to the school will be *encouraged* to act as positive SunSmart role models.

2.16 The SunSmart message is positively promoted to all workers, students and families throughout the year i.e. enrolment, notice boards, assemblies, the website etc.

Kingsford Smith School will endeavour to join the National SunSmart Schools Program. On doing so it will be awarded a 'SunSmart' status and will be required to submit a copy of its most recent sun protection policy to Cancer Council ACT every 3 years to be reviewed. Our school will update and maintain this policy accordingly to meet high national SunSmart standards.