



**KINGSFORD SMITH**  
SCHOOL

# Kingsford Smith School Kindergarten 2016

## A Guide for Parents

**School Terms 2016**  
**KINDERGARTEN**  
**STUDENTS**  
**COMMENCE ON THE**  
**1ST DAY OF TERM**  
**MONDAY 1 FEBRUARY**  
**2016**

Term 1  
Monday 1 February to  
Friday 8 April

Term 2  
Tuesday 26 April to Friday  
1 July

Term 3  
Monday 18 July to Friday 23  
September

Term 4  
Monday 10 October to  
Friday 16 December

In this brochure you will find many hints and tips to help you and your child make the transition from Preschool to Kindergarten next year. If you have any further queries or concerns, please do not hesitate to contact staff at Kingsford Smith School on: 6142 3399.

## Kingsford Smith School Aims:

**Kingsford Smith School will strive to:**

- Provide academically challenging and engaging learning for all students
- Use the Quality Teaching Framework in all aspects of learning practice
- Develop and facilitate a passion for the performing arts
- Utilise ICT as an integral tool in the learning experiences of students
- Empower students as learners and leaders in our community
- Develop learning pathways so all students can reach their vocational potential



## Collection of Book Packs

Will be in the last week of the holidays date and time to be advised  
Canteen Building



## Starting Kindergarten

Starting primary school is an exciting event for children. School will mean some big changes in your child's life, which may include:

- the first day long separation from home and family
- the first steps to independence
- new feelings
- new friends
- new experiences.

The children will be encouraged to take greater care of themselves and their belongings and to act safely.

They will be expected to cooperate, share equipment, follow rules, take turns and consider others.

Teachers will motivate them to express themselves in words, music, dance and art / craft. They will learn to focus and to listen to stories, directions and ideas.

These are big steps for many children. Getting off to a good start takes a joint effort. Our teachers are trained to help your child to learn and grow. There are some things that parents can do to prepare their child for school.

## Helping your child get off to a good start

**You can help your child to get off to a good start by;**

- Make sure your child is well rested.
- Be organised in plenty of time so there is no rush to get to school on time.
- Try to remain calm yourself and be positive.
- Ignore tears and don't be upset by them – teary children settle quickly once parents have left.
- Share the excitement of school and talk with your child about what they did that day.
- Visit the classroom and meet the teacher at an appropriate time
- Having a positive attitude and talking positively with your child.
- Making sure they have the school equipment and clothes and that these are all named.
- Prepare some interesting snack food for recess and lunch.
- Letting your child practise opening and closing their lunch box and screwing the lid off and on drink bottles.
- Making sure they know where the toilets are and where to get a drink of water.
- Allaying their fears and preparing them for unexpected events such as what to do if mum or dad is late picking you up, what could you do?
- Looking out for signs of tiredness or stress and talking with the teacher if this occurs.
- Bringing them to school on time and leaving them cheerfully.
- Arriving on time to collect your child after school.
- Taking lots of photos – it's a very special time in your child's life.
- Take an active part in school life.
- Attend scheduled programs and activities.

## How to help your child settle into Kindergarten

- Make sure that all belongings are clearly marked with your child's name.
  - Do not allow your child to bring any toys, jewellery etc to school, as they may get broken or lost. Each group has time for children to share special news etc.
  - During the holidays have a few practises with opening and closing lunch boxes and school bags.
- If your child is nervous about Kindergarten or has separation anxiety you have two choices:  
Stay - Stay for a few minutes and help get your child settled.  
Leave - Set a limit with your child i.e. "I will take you into the classroom and then I will leave."  
Then, take your child into the classroom, say goodbye give them a hug and kiss, smile and leave.  
Avoid saying you are going to stay and then sneak away without saying goodbye.  
Avoid saying you are going to leave and then stay.  
Please feel free to ring to check how your child is settling.  
When collecting your child please refrain from looking through, or tapping on the windows as this can be distracting and upsetting for your child.

## Child Health and Safety

Please remember to keep your child home if they are unwell. They need to be well enough to cope with the full day, and no longer be contagious before they return to school.

We need to know if your child is sick or will be absent for some reason. In the event of your child's absence, we ask that you contact the school and let staff know.

### Drop off and Pick up

The Kindergarten children are to line up outside their bag room door when the 8:55am bell rings. The teachers will meet their class there.

At 3:00pm the children will be brought out to the same area for you to collect.

### Before and After School Care

If your child is attending "Before or After School Care" please let your classroom teacher know. The teacher will need to be aware which children get picked up by an "After School Care" staff member.

## Food and Drink

### Food

Children need to bring suitable healthy food to school.

Recess may include:

- a half sandwich or similar
- a piece of fruit or vegetable, cut up or peeled
- yoghurt or cheese

Lunch may include:

- a sandwich or similar
- a piece of fruit or vegetable, cut up or peeled
- yoghurt or cheese

Please wrap children's food in paper lunch wrap or foil, as plastic wrap is very difficult for small fingers to unwrap.

We do not provide refrigeration for recesses or lunches. Please use insulated lunch containers if this is an issue.

### Drinks

Please provide a drink bottle filled with **WATER** each day. Brain research shows that plain water is directly absorbed by the brain which assists the brain's learning potential.

### Allergy Friendly School

Kingsford Smith is an allergy friendly school. This is to provide protection for children who have severe allergic reactions to nuts and nut products. Parents are asked to provide nut free food for their child's morning snack and lunch. No nutella and peanut butter sandwiches and muesli bars

etc which contain nuts.

### Canteen

Current menu will be sent home when available.

### Birthdays

If you wish to send a cake/cupcakes into to school to celebrate your child's birthday please coordinate this with the classroom teacher before hand.

**Please check for nuts on product information prior to sending any items to school.**

## Clothing and Footwear

### UNIFORM

Our school has a uniform policy that has been developed by our P&C. The uniform meets the guidelines of SunSmart policies and is designed to be attractive and comfortable. The school colours are navy, sky blue & white. The specific items for the Primary School are listed below. Order forms are posted on our website and available at the uniform shop.

### JUNIOR SCHOOL BOYS (P - Yr 5)

Navy shorts, trousers, or trackpants  
Sky blue with navy trim short sleeve mesh polo shirt OR  
Sky blue short or long sleeve polo shirt  
Navy flying jacket (fleece lined) OR

Navy polar fleece sweatshirt or vest  
Navy broad brim hat OR navy with light blue trim bucket hat  
Navy or white socks  
Black school shoes (must be an enclosed shoe) OR joggers

### JUNIOR SCHOOL GIRLS (P - Yr 5)

School A-line dress (summer)  
Navy check school pinafore (winter)  
OR  
Navy shorts, culottes, skirt, trousers, or trackpants  
Sky blue with navy trim short sleeve mesh polo shirt  
Sky blue short or long sleeve polo shirt  
Navy flying jacket (fleece lined) OR  
Navy polar fleece sweatshirt or vest  
Navy broad brim hat OR navy/ with

light blue trim bucket hat  
Navy or white socks  
Black school shoes (must be an enclosed shoe) OR joggers

### SPARE CLOTHES

Please send a spare set of clothes including underwear and socks with your child to school each day in case of accidents.



## Sun Smart

We are a Sun Smart School and follow the Sun Smart Policy guidelines. Each family is asked to purchase a school hat for their child. Hats are always worn when the children are outside.

Hats will be available for purchase at the The Uniform Shop Luke Street, Kippax and Lowes—Belconnen Mall, Belconnen.

## Communication

Please ensure that you **READ ALL NOTES THAT ARE SENT HOME** so that you can be kept up to date on all Kingsford Smith School happenings.

## Helping out in Kindergarten

If you have the time, helping out in the classroom is a valuable experience for your child and yourself and is greatly appreciated by the Kingsford Smith School staff. Teachers may ask for assistance in the classrooms for various activities

or times :

- help with changing home readers
- help with craft / small group activities
- maths activity rotations
- language activity rotations

## Library

Children may borrow books from our library. Children need to have a cloth library bag in order to borrow a book. You will be notified of your child's library day, however, children may borrow at any time.

## Contact Details

It is very important for you to inform us ASAP if any of your contact details change **and** if the contact details of any of your child's emergency contacts (on Enrolment form) change.

For us to be able to contact you in an emergency we need to have the correct and most up to date details.

## Medical Details

For Kingsford Smith School staff to provide the best possible care for your child it is important that you notify us of any changes to your child's medical details as soon as possible. For example, if your child develops an allergy or is diagnosed with asthma please let us know as soon as possible.

## What to do if you have questions or concerns

The teachers are only too happy to talk to you. You are welcome to make an appointment that is convenient for you and your child's

class teacher any time.

If you are unable to contact your child's class teacher, a member of the Executive team may be available

to talk to you. Appointments can be made by phoning the Front Office on 6142 3399

## Enjoy

Please take time, as a family, to enjoy and celebrate your child's time in Kindergarten. We hope that your child and your family have a lovely Kindergarten year with us and we are looking forward to getting to know you all and working closely with you throughout the year.

