



Canteen Menu

KINGSFORD SMITH
SCHOOL

EFFECTIVE 7 November 2022

Open Monday to Friday from 8:30am – 2.00pm

Foods and drinks tagged **green** are the better food choices as they contain a wide range of nutrients and are lower in saturated fat and/or sugar and/or salt. Choose these foods to help get the nutrients for a healthy body.

Flexischools - Make ordering easy by using our online ordering service.

Go to www.flexischools.com.au to simply click and order!

Cut off time for online orders is 9:00am on the day the order is to be supplied.

Salads		Burgers	
Fruit Salad	\$5	Hamburger, Vegie Burger	\$6
Sandwiches		Chicken Schnitzel Burger	\$8
Jam, vegemite, cheese	\$4	Cheese Burger	\$5
Ham, chicken, tuna, salad	\$5	Junior Burger	\$4
Tortilla Wraps		Hot Food	
Salad, ham, tuna, chicken	Lg \$7/Sm \$5	Hash Brown	\$1
Falafel (homemade)	\$7	Cheesy Garlic Bread	\$1
Snacks		Sweet Chilli Chicken Roll	\$7
Fruit	\$1	Garlic Bread	\$1
Muffin (homemade)	\$2	Lasagna	\$5
Popcorn	\$0.50	Spring Roll (vegetarian)	3 for \$2
Carrot Sticks	\$0.15	Chicken Crackle	3 for \$2
Milo Ball	\$0.50	Fried Rice (vegetarian)	\$5
Boiled Egg	\$0.50	Mac 'n' Cheese	\$5
Extras		Cheese Smiley	\$1
Tomato Sauce	\$0.20	Corn on Cob	\$1
Extra spoon/fork	\$0.50	Pizza Slice	\$2
		Hot spud with Cheese	\$5
Drinks			
Bottled water 600ml	\$2	Slushie	\$2
Small Moove 300ml (chocolate, strawberry)	\$3	Glee sparkling fruit juice (tropical, bubblegum grape)	\$3
Large Moove 600ml (chocolate, strawberry, vanilla malt)	\$5	Fruit box 250ml (apple, orange, apple & blackcurrant)	\$2
Plain milk 300ml	\$2	Up & Go (chocolate, strawberry, vanilla, banana) <i>Only available before school</i>	\$3

All lunch orders:

Bring your bag to the counter during lunchtime to collect frozen items.

For handwritten lunch orders:

- Write student's **name** and **class** clearly on lunch order bag and send to class with student.
- For orders placed at the canteen counter, please place your order before 9.00am - late lunch orders will only be filled at the discretion of the manager.